



Suggested Packing List - Japan

We recommend that you check the weather forecast prior to your departure so that you can pack accordingly.

Japan's climate varies widely between regions, from mild to extreme, due to the length of the archipelago and mountains. Japan has four distinct seasons. Summer (**June to August**) is normally warm and humid with the rainy season lasting from mid-**May** to **June**. The typhoon season is generally from **August** to **October**. Autumn (**September to November**) brings cooler temperatures after summer. Winter (**December to February**) is cold and dry. The cold air coming in from Siberia causes snowfall on the western side of the country that borders the seas of Japan. Spring (**March to May**) is generally mild in temperature. Autumn and spring are the best times to travel. The average temperatures listed below is purely a guide. Weather patterns throughout the world are changing which have resulted in varying weather conditions.

Loose fitting, lightweight cotton materials are the most comfortable for humid weather, while layers of warmer clothes are advised for any cooler evenings, etc. The dress code throughout the tour is casual. However, we suggest you wear smart casual clothes for any evening banquets and shows.

Example packing list:

- ✓ Your travel documents and passport – including a photocopy of your passport in case it is lost or stolen whilst you are travelling. Keep one photocopy at home and take another photocopy on your trip with you.
- ✓ Main luggage and 'day bag' – a smaller bag to carry with you during the day.
- ✓ Luggage padlocks.
- ✓ Money belt to carry passport, cash, credit cards, airline tickets, etc.
- ✓ Comfortable trousers or shorts (or skirts for women).
- ✓ Shirts or tops of light cotton material.
- ✓ Walking shoes and socks – it is important to have sturdy and comfortable shoes for sightseeing every day.
- ✓ Sun protection – hat, sunscreen, sunglasses and lip balm.
- ✓ Personal medical kit – please refer to your *Travel Guide*.
- ✓ Antibacterial wipes and or gel – to clean hands before eating.
- ✓ A water/windproof jacket.
- ✓ A light jumper.
- ✓ Torch, conversion plug and spare batteries.
- ✓ Spare glasses/contact lenses – it is difficult to get any prescription lenses repaired or replaced in Japan.
- ✓ Snacks – tea bags/coffee, milk powder or sachets, muesli bars, instant soups or noodles, or anything else you can't live without!
- ✓ Camera and spare film/memory card.
- ✓ Long pants and a collared shirt/blouse are recommended when visiting religious sites as a sign of respect. Shoes that slip on and off easily will be beneficial as you will be required to remove them at these sites.

Average Temperatures	Summer (June – August)		
	Temp °C min/max	Humidity	Rain mm
Tokyo	21 / 27	HIGH	145
Kanazawa	21 / 28	HIGH	187
Kyoto	20 / 25	HIGH	194
Osaka	22 / 30	HIGH	153
Hiroshima	21 / 28	HIGH	193
Takayama	16 / 27	HIGH	128
Average Temperatures	Autumn (September – November)		
	Temp °C min/max	Humidity	Rain mm
Tokyo	14 / 21	HIGH	163
Kanazawa	12 / 20	HIGH	230
Kyoto	11 / 22	HIGH	136
Osaka	13 / 22	HIGH	120
Hiroshima	14 / 21	HIGH	117
Takayama	7 / 18	HIGH	103
Average Temperatures	Winter (December – February)		
	Temp °C min/max	Humidity	Rain mm
Tokyo	2 / 9	MID	57
Kanazawa	2 / 7	HIGH	267
Kyoto	0 / 9	MED	59
Osaka	1 / 9	MED	43
Hiroshima	2 / 9	MED	47
Takayama	-6 / 3	HIGH	39
Average Temperatures	Spring (March – May)		
	Temp °C min/max	Humidity	Rain mm
Tokyo	11 / 17	MED	120
Kanazawa	7 / 16	MED	150
Kyoto	7 / 18	MED	134
Osaka	8 / 18	MED	113
Hiroshima	9 / 17	MED	137
Takayama	2 / 16	MED	83

Refer to your [Fact Sheet](#) for further information about what to pack for your trip.

Please note, due to restrictions on your internal flights, your luggage allowance is 20kg for checked luggage and 5kg for hand luggage.