



# SAPA SHORT STAY

Short Stay | 4 Days | Physical Level 2

Hanoi – Sapa (3N) - Hanoi

Overlooking a valley of picturesque, terraced rice fields, Sapa is the perfect place to immerse yourself in both scenic beauty and culture, and to embark on a trek through the spectacular countryside.

## TOUR INCLUSIONS:

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- Accommodation
- Meals as stated
- Daily tours and entrance fees
- Transportation and transfers as stated
- English speaking guide

## ITINERARY

**Day 1: Travel to Sapa**

Meals: None

Transfer around five-six hours by private car from your hotel in Hanoi to beautiful Sapa town, a vibrant settlement nestled in an area of verdant rolling hills.

On arrival, the rest of your day is at leisure.

**Destination Information**

**Sapa** - Located 1,600 metres above sea level and close to the Chinese border, this mountainous area with its spectacular landscapes and temperate climate is sure to make a lasting impression on its visitors. The H'mong and Dao people, the largest and most colourful ethnic groups in the region, are a cultural highlight.

**Day 2: Waterfalls & Mountains**

Meals: B

Travel by car about 30 minutes out of Sapa through the spectacular mountain scenery of Hoang Lien National Park to reach the Silver Waterfall. When the water level is at its peak from May to October, the falls cascade in long silver ribbons over 100m to a series of pools below. You can access the falls through a series of walkways and ladders to get that perfect photo!

Continue on to Love Waterfall, a favourite place for Vietnamese couples taking wedding photos. The series of cascading waterfalls are a spectacular sight. The region is also well known for its cool climate fruits, and on the way you will pass by a seasonal local orchard, have a cup of tea and talk with the local sellers in their small stalls.



Next you will take a drive along Heaven's Gate, at 2047m it is the highest stretch of road in Vietnam with panoramic views over the surrounding valleys. On a clear day, there are picture postcard views of Mount Fansipan, the highest mountain in Vietnam.

Afterwards, return to Sapa for your evening at leisure.

Touring today will be approximately 4 hours.

**Day 3: Hilltribes**

Meals: B, L

Today you will meet your guide and transfer to the small Giay village of Ta Van, in the breathtaking Muong Hoa Valley. First enjoy a scenic walk through the tranquil rice terraces towards the Black H'mong village of Lao Chai. Marvel at the cascading paddy fields that cling to the mountainside and take in one of Vietnam's most breathtaking views before arriving at the home of Ms Moo, a local Black H'mong lady. Soak in the view whilst learning more about the traditional life and culture of the Black H'mong people and enjoying a traditional H'mong herbal foot bath!



Afterwards head over to nearby Lao Chai village where you will learn the art of Batik painting. The beautiful textiles of the Black H'mong are famous around the world and Batik is a traditional part of H'mong culture. Join a hands-on master class led by a local expert and take your creation home! You will be supporting a sustainable tourism project that supports local women and ensures this amazing art form is handed down to the next generation.

Today's touring will include approximately one hour of drive and one and a half hours of walking.

**Day 4: Depart Sapa**

Meals: B

Spend the morning at leisure before your transfer by private car back to Hanoi airport, approximately a five-six hour drive.



Updated: March 2025